

**Phoenix Firecamp Curriculum**  
**July 20-25, 2008 – Utica Fire Academy, Utica, NY**

*Updated 3/25/08*

**Sunday, July 20**

9:00 – 11:30 Check-in at Utica Fire Academy  
12:00 – 1:00 Lunch at Westmoreland  
1:00 – 5:00 Team Building activities/sports – Westmoreland Field  
5:30 – 7:30 Dinner  
7:00 – 8:30 Welcome, Introduction of Staff, Rules of Academy and Training Ground  
8:30 – 10:00 Movie  
11:00 Lights Out

**Monday, July 21**

7:00-8:00 Breakfast  
8:15 – 9:00 Classroom: Basic Engines and Ladders  
9:05 – 9:45 Classroom: Fire Safety  
9:50 – 10:30 Physical Fitness  
10:30 – 11:30 Turnout distribution/PPE class  
11:30-12:30 Lunch at Academy  
1:00 – 4:00 Aerial Ladder Climb, Snorkel Operations, Group Photos  
4:30 – 5:30 Personal Time  
5:30 – 7:00 Dinner at Academy  
7:00 – 10:00 CISM/CPR Training #1  
11:00 Lights Out

**Tuesday, July 22**

7:00 – 7:45 Breakfast  
8:00 – 9:30 SCBA Class (Draeger)  
10:00 – 12:00 Breakout sessions (repeat in afternoon) (6 evolutions total/30 minute sessions):  
Engine Basics (3): Apparatus, Nozzles/Fittings/Hydrants, Ropes/Knots  
Ladder Basics (3): Apparatus/Tools, Forcible Entry, Smoke trailer/Search  
12:30-1:00 Lunch at Academy  
1:30 – 3:30 Breakout sessions (same as morning – switch groups)  
3:45 – 4:45 Personal Time  
4:45 – 5:30 Classroom: Disaster Preparedness  
5:30 – 7:00 Dinner at Academy  
7:00 – 10:00 CPR Training #2  
11:00 Lights Out

**Wednesday, July 23**

7:00 – 7:30 Breakfast  
7:45 - 10:20 Breakout sessions (6): PT (2), Ropes practice; Intro to HazMat; Mask Confidence I & II;  
6 evolutions total/25 minute sessions  
10:45 – 12:45 Breakout sessions (repeat in afternoon) (6 evolutions total/30 minute sessions):  
Engine Ops/Hoselines (3): Standpipes & Hose Roll/Fold, 1 ¾" Hose Stretch  
Drill, R&R  
Ladder Company Ops (3): Portable Ladders, Search/Rescue, Roof Ventilation  
1:15 - 1:45 Lunch at Academy  
2:00 – 4:00 Breakout sessions (same as morning – switch groups)  
4:15 – 5:00 Personal Time  
5:00 – 5:30 Classroom: Water Rescue preparation/safety  
5:30 – 6:45 Dinner at Fire Academy  
7:00 – 9:00 Water Rescue Drill  
11:00 Lights Out

**Thursday, July 24**

7:00 – 7:45 Breakfast  
7:50 – 8:20 Personal Time  
8:20 - 9:15 Physical Fitness  
9:30 – 11:30 Auto Extrication and Disentanglement (2 sessions – 50 minutes each with 20 minute break in between for discussing Propane safety/drill in afternoon)  
12:00 – 12:45 Lunch at Academy  
1:00 – 4:30 Engine (Propane Drill) and Ladder Co Scenario (combined) – incorporates skills learned during the week (30 minutes for each engine/ladder scenario)  
4:45 – 6:00 Personal Time  
6:30 – 9:30 Final night social/BBQ – \_\_\_\_\_ Volunteer Fire Department  
11:00 Lights Out

**Friday, July 25**

7:00 – 8:00 Breakfast  
8:15 – 9:00 Physical Fitness  
9:00 – 9:30 Classroom: complete surveys/evaluations  
9:30 – 11:30 CPAT video, orientation and practice; Academy clean-up  
12:00 – 1:00 Lunch at Academy  
1:00 – 2:30 Equipment turn-in, pack-up  
3:00 – 4:30 Commencement ceremony at Masonic Hall  
5:00 Pick up belongings from Academy and Safe Home!